



April 2011

ALL ACTIVITIES take place at the Deni + Jeff Jacobs Challenged Athletes Center (DJJAC) unless otherwise noted

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6 Matrix Training Facility (DJJAC) Open 4pm - 7pm	7	8	9
10	11	12	13	14	15	16 Matrix Training Facility (DJJAC) Open 8am - 11am Triathlon 101 Clinic 9am - 11am
17	18	19	20 Matrix Training Facility (DJJAC) Open 4pm - 7pm	21	22	23 Matrix Training Facility (DJJAC) Open 8am - 11am Strength Training 9am - 11am
24	25	26	27	28	29	30
April Holidays Earth Day - 22 Easter - 24						