



CHALLENGED ATHLETES FOUNDATION®

Presents

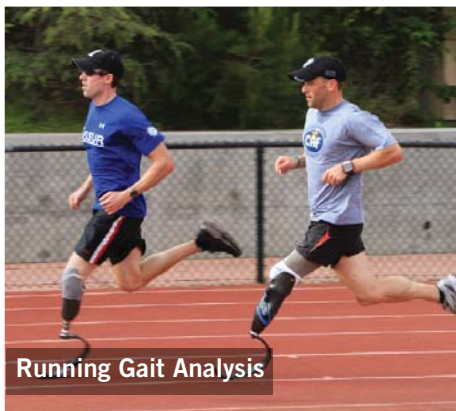
The Dodge Paratriathlon Camp

An Official Technical Training Camp of USA Paratriathlon



May 3 - 6, 2012 - Pensacola, FL
FOR AMPUTEES and WHEELCHAIR ATHLETES

SWIM » BIKE » RUN



Running Gait Analysis



Race Preparation



Push Instruction



Bike/HC Fit

Join the Challenged Athletes Foundation® (CAF) at the beautiful Portofino Island Resort and Spa in Pensacola, FL for the most comprehensive and in-depth Paratriathlon technical training camp on the East Coast. Open to Paratriathletes in classes TRI 1, 2, 4 and 5, this camp will maximize your performance, get you ready for the season and help you maximize your potential.

You'll receive expert classroom and technical instruction from USA Triathlon-certified coaches who specialize in Paratriathlon, as well as get tips and support from some of USA Paratriathlon's most decorated athletes. The purpose of CAF's Dodge Paratriathlon Camp isn't to get in shape in three days, it's to set you up with the tools, techniques and skills you need to succeed and reach your goals in Paratriathlon.

Join us and get:

- ⊕ Properly fit on your bike or handcycle
- ⊕ Video analysis of your swim stroke
- ⊕ Analysis of your running gait or push technique
- ⊕ On the road and on the track instruction
- ⊕ Classroom sessions focusing on proper planning, training and nutrition
- ⊕ A thorough explanation of the rules of Paratriathlon
- ⊕ Lasting friendships and much, much more

There is no cost for the camp, lodging or meals. A \$400 travel stipend will be provided to participants by CAF.

Participation in CAF's Dodge Paratriathlon Camp is by APPLICATION ONLY.

Participants will be notified by April 1, 2012 if they have been selected.

To apply go to: <http://paratriathloncamp.kintera.org/florida>

World Class Coaching

Peter Harsch, CP

USA Triathlon Level 1 Coach
2009 USA Paratriathlon
Team Director

Mark Sortino

USA Triathlon Level 1 Coach
F.I.S.T. Certified Bike Fitter

John Murray

USA Triathlon Level 1 Coach
ASCA Level 1 Coach

Jon Beeson

Member ITU Paratriathlon Committee

Portofino Island Resort and Spa
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Pensacola Beach, FL 32561
www.portofinoisland.com

For questions:

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