



## CHALLENGED ATHLETES FOUNDATION® Presents

# Wheelchair Lacrosse for Challenged Athletes at the Deni + Jeff Jacobs Challenged Athletes Center February 4, 2012 - San Diego, CA

MENTORSHIP » MOBILITY » MOTIVATION

## Wheelchair Lacrosse (all disabilities)

Lead by Bill Lundstrom, co-founder Wheelchair Lacrosse

9:00am - 11:00am

The Wheelchair Lacrosse program is the most comprehensive of it's kind in the United States. We are hoping first and foremost to introduce you to one of the fastest growing sports in the country. Lacrosse is a perfect combination of soccer, basketball, football and hockey. The clinic is intended for you to have fun and learn about this great sport with your friends! Teams are popping up everywhere so get in with the action! We feel this will be a great experience for everyone involved, and we look forward to introducing this exciting new game to our CAF athletes!



## Join us and learn -

- ⊕ Rules and equipment
- ⊕ Passing and catching drills
- ⊕ Clearing techniques
- ⊕ Riding tactics
- ⊕ Offense and defense
- ⊕ Full speed scrimmage

To register contact: Jill Prichard at 858-210-3508 or [jill@challengedathletes.org](mailto:jill@challengedathletes.org)

The Matix Training Facility will also be available for strength training and cardio prior to, and during the clinic (8:00am - 11:00am)



### LOCATION:

The Deni + Jeff Jacobs  
Challenged Athletes Center  
Mixing Chamber/Gym  
9591 Waples Street  
San Diego, CA 92121

### TO REGISTER CONTACT:

Jill Prichard  
858.210.3508  
[jill@challengedathletes.org](mailto:jill@challengedathletes.org)