



Mike grew up in Sacramento, CA. In high school he was a member of the Air Force ROTC drill team. Mike enjoyed the military structure that ROTC provided and in 2003 he joined the Navy.

After boot camp, Mike was assigned to VF-143 "The Pukin Dogs", an F-14 squadron based out of Naval Air Station Oceana in Virginia Beach, VA. Upon checking into his new command he reported to the U.S.S. John F. Kennedy for deployment to the Middle East.

After returning from deployment, Mike lost his leg in a tragic motorcycle accident just 3 miles outside the front gate of his base. Though now an amputee, Mike was undeterred by his injury and petitioned to remain in the Navy. After almost a year of physical therapy Mike demonstrated to a Naval medical board that he was capable of handling the physical rigors of military service and was granted his wish to remain on active duty.

After receiving his clearance to stay in the Navy, Mike was forward deployed to Japan and assigned to the U.S.S. Kitty Hawk. In 2008 Mike was reassigned to Naval Air Station North Island in San Diego, CA where he currently works as a parachute rigger for a helicopter squadron.

Michael Johnston, U.S. Navy

With the support of CAF Operation Rebound, Mike has competed in three sprint triathlons and is training to compete in his first 1/2 distance triathlon at the Nevada Silverman in November.

The generosity of supporters like you has given Mike the opportunity to stay active as a member of the CAF Operation Rebound team.

How Does Operation Rebound Help?

Operation Rebound provides unparalleled sports opportunities and support to our troops and veterans of any branch of service and first responders who have served honorably and have suffered permanent physical injuries. Grants are awarded for event travel, lodging, entry fees, training and equipment not provided by the VA or DoD.

How Can You Help?

Make a tax-deductible contribution to Challenged Athletes, Inc., (dba Challenged Athletes Foundation) a non-profit 501 (c)(3) organization. To make a donation, please call (858) 866-0959, send a check to the address listed below, or make a

**Challenged Athletes Foundation
P.O. Box 910769
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Nonprofit Tax ID #33-0739596**