



Volume 1, Issue 1

January 28, 2005

Ironman Revisited 2005 is open for registration!



It's an event for the lion hearted. The ones who don't need aid stations, cut off times and lots of hoopla. After all, it's really just you and your crew out there following the steps of the Ironman legends. It's back on Oahu - where it all began in 1978 with 15 men on the beach of San Souci.

On August 14th, 2005 Ironman Revisited will return to Oahu for its fourth year as a fundraiser for the Challenged Athletes Foundation. You can join other triathletes returning to the roots of long course triathlon, battling the winds and heat of Oahu with the sheer determination to finish on their own, by themselves.

The 2004 event included legendary triathlete Scott Tinley who participated as a relay team member with Klaus Barth and Todd Sells. Challenged athlete Scout Bassett was the team captain of Team Obsolete consisting of Allard Jansen, Larry Willette, and Larry Scott, who together raised over 28 thousand for CAF.



"Those of us who were there in the beginning have a certain responsibility to the sport to remind people of the true experience of Ironman. It's the flame and bond that exists between athletes that's important," stated Tinley. "To have the chance to go back and rekindle that flame is priceless," he added.

Ironman Revisited is an Ironman distance event consisting of a 2.4-mile swim, 112-mile bike ride and a 26.2-mile run. It's non-competitive and the course is not closed. In three years the event has raised over \$200,000 for CAF.

This event is limited to 50 people, including 8 relay teams, so hurry and register now!

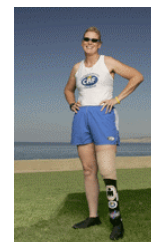
Register for Ironman Revisited 2005

www.ir05.kintera.org

**CAF Women in the Media
Lindsay Nielsen & Sarah Reinertsen**

Lindsay Nielsen

Lindsay was recently featured on the cover of USA Triathlon Times. Lindsay, a below the knee amputee, was the first female amputee competing on a prosthetic leg, to become an Ironman. She finished the 2004 Ironman Wisconsin race in 16:31:57 for a 39th place out of 49 in her age group. Way to go Lindsay!





Sarah Reinertsen

CAF Spokesperson, Sarah Reinertsen, was recently featured in "Who's Hot! The 50 People to Watch in 2005" of San Diego Magazine. Additionally, The San Diego Hall of Champions voted Sarah the Disabled Athlete of the Year. She will be inducted into the Hall of Champions next month.

You're a stud Sarah!

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