

6 – 8 am	Zanzibar Continental Breakfast for Athletes
6 am–3:30 pm	VIP/Sponsor/Media Hospitality Tent Open
6:00 am	Event Check-in at Cove
	Transition Area Open & Body Marking
6:30 am	Bike Repair Team Onsite (B & L Bike and Sport)
7:00 am	Intro of Legends, Celebrities, Challenged Athletes
7:35 am	Special Athlete Presentations
7:50 am	National Anthem - Samuel Nehemiah
7:55 am	Final Instructions for Swim Start
8:00–8:20 am	Swim Start – Waves
8:30 am	Handcyclists Depart on Bike Course
8:30 am–3:30	Expo Open: Family Fun Area
8:30 am	Tour de Cove Registration Opens
9 am–3 pm	Silent Auction
9:15–10 am	MDC Bike Take-off
9:30 am	Wheelies Depart on Wheelie Run Course
9:30–10:00 am	Tour de Cove Presentation
10 am–3 pm	Tour de Cove
10 am–4 pm	Athlete Massage Available
10:30 am	Challenged Athlete Kids Run
1:30 pm	MDC Riders Return to the Cove
3:30–5:00 pm	La Valencia Hotel Awards BBQ
5:00 pm	Course Officially Closes

For a printable Schedule of Events, visit:

http://www.challengedathletes.org/compete/SDTC_2006_schedule.htm

Don't Miss CAF's Stellar Silent Auction

Items include:

- 2006 Official San Diego Triathlon Challenge Original Artwork, by Alan Casagrande (Featured to the right)
- Autographed Guitars from KPRI
- Desert Getaways
- Golf Packages
- Griffen Vulcan Bike Frame
- Honolua Surf 9'6" Long board
- Spa Packages
- Sports Memorabilia & Apparel
- Vacation Packages
- Wells Fargo Box at Petco Park for a 2007 Padres Game



And so much more! To see the entire list, visit:

<http://www.challengedathletes.org/SilentAuction.htm>

QUALCOMM Million Dollar Challenge Underway!

The Inaugural QUALCOMM Million Dollar Challenge (MDC) kicked-off with a pep-talk at a Saturday evening dinner by Willie Stewart, and a surprise visit by Robin Williams. Sunday morning the riders began their 640-mile journey down the California coastline. The ride started in San Francisco, giving the riders breathtaking views of the Golden Gate Bridge, Golden Gate Park and eventually scenic Highway 1. The riders pedaled 86 miles before they arrived in Santa Cruz for the night. Today, the group will ride from Santa Cruz to Big Sur covering another 73 miles. With each rider raising \$10,000 for CAF, they are changing gears and changing lives!



To listen to tales from the ride, tune into CAF's radio partner, KPRI every morning from 6 am to 10 am. KPRI's owner, Jonathon Schwartz will share his daily MDC experiences. Or visit, <http://www.kprifm.com/JonathanRide.htm>, for his updates.

Kona – CAF Athletes Face the Ultimate Test

CAF would like to give huge CONGRATULATIONS to all the challenged athletes who recently competed in the Ford Ironman Triathlon World Championship on October 21, 2006. In particular, major props to five CAF challenged athletes including Akian (A.J.) Aleong and Tricia Downing in the Handcycle Division and amputees Willie Stewart, Major David Rozelle and Jon Beeson. Just getting to this coveted starting line is an accomplishment in itself!



Each had their own challenges on the course, but all displayed courage and perseverance by testing their limits in this infamous race. In the handcycle division, first-timer A.J. Aleong charged to a second place finish just seven minutes behind the winner, Marc Herremans. Trish made the first attempt as a female paraplegic athlete to take on Kona, but her dream was cut short when she was pulled off the course at mile 92 of the bike. Willie, Dave and Jon finished with impressive times of 11:16:54, 12:46:26 and 13:51:35 respectively.

Some dreams came true, and some were left unfulfilled, but thanks to the money you raise, these athletes got to do more than dream.

History Made at XTERRA World Championship

On Sunday, October 29th, the Nissan XTERRA World Championship took place on the Hawaiian Island of Maui. For the first time, the field consisted of a Professional Division, Age-Group Divisions and a Challenged Division. Two challenged athletes, Fouad Fattoumy and CAF's Ryan Levinson, made history by competing in this new division. Ryan placed second with a time of 5:07:41. Congratulations Ryan!

CAF would like to thank XTERRA for creating this opportunity for challenged athletes, and John Paul Mitchell Systems and their dedicated staff for the money they've raised at XTERRA cut-a-thons throughout the year. Your support is helping make dreams come true!

**2005-06 Grantee Spotlight:
Erica Davis: Getting Back in the Game**

She was a trophy-winning fast-pitch softball shortstop and pitcher. In High School, her prowess on the diamond was supplemented with a healthy dose of flag football, volleyball and basketball. As a Senior, she was named Sportswoman of the Year. Her athletic exploits continued through college, where she studied to become a certified Physical Education teacher. She added biking and triathlon to her repertoire.



Then it happened. On Dec. 27, 2005, she woke with a bad backache. What was unknown at the time was that a blood vessel had ruptured insides her spinal column, eventually causing a cavernous hemangioma and a break at the T-8 level of her spine. Erica's injury came just a year after the Davis family home was gutted by fire and the family was forced into temporary quarters.

Erica's positive attitude and reliance on an old friend – sports – have made all the difference in her ability to overcome such adversity. Just five months after her injury, using a handcycle, she entered an 8K race and took first place in the woman's division. At home, to keep the playing field "level," she collects old, heavy wheelchairs so that she can still shoot hoops with her friends in the back yard. And she is continuing her studies at Sacramento State University, seeking a masters' degree in strength and conditioning.

The Davis' have moved back into their rebuilt home – with a downstairs bedroom and bathroom custom-made for Erica – and she is ready to take her athletic pursuits to the next level. But Erica needs a racing chair to compete and serve as an ambassador for those with spinal cord injuries in Northern California. The Challenged Athletes Foundation will proudly be behind Erica all the way, giving her the support she needs to write the next chapter in her life.

**CAF has moved!
New Address
New Phone
New Fax**

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