



GRANT APPLICANT GUIDE



EōS FITNESS MEMBERSHIP



GRANT AT A GLANCE

Grant Type: EōS Fitness Grant

Funding Covers: One-year Platinum Plus gym membership at participating EōS Fitness locations, including one guest pass

Application Window: Open year round

Decision Timeline: Applicants notified within 30 days of submission

Who Can Apply: Individuals with a permanent physical disability residing in states with EōS Fitness locations



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GRANT DETAILS & RESTRICTIONS

Recipients receive a one-year Platinum Plus membership at EōS Fitness, valid at participating locations. Membership includes one guest pass for a guest aged 18 or older who must be accompanied by the member during visits. Members must use the gym at least four times per year, barring medical or extreme circumstances. Failure to meet minimum usage may result in membership review or termination. Memberships are non-transferable, and EōS Fitness and CAF reserve the right to terminate memberships that do not comply with program guidelines. Recipients are encouraged to attend at least one CAF or affiliated event annually.

ELIGIBILITY REQUIREMENTS

- Must have a permanent physical disability verified by medical documentation
- Cognitive and intellectual disabilities are not eligible
- Must be at least 13 years old at the time of application
- Applicants aged 13–15 must be accompanied by an adult or legal guardian when visiting EōS Fitness
- Must demonstrate interest and ability to engage in sports or fitness activities at EōS Fitness

SELECTION CRITERIA

Applications are evaluated based on:

- Verification of physical disability
- Demonstrated interest in sports or fitness
- Availability of program spots at local EōS Fitness locations

TIMELINE

- Application window: Open year-round
- Review period: Monthly
- Award notifications: Within 30 days of submission

FAQ HIGHLIGHTS

Q: Can I bring a guest with me?

A: Yes. Each membership includes one guest pass for someone 18 or older, who must be accompanied by the member.

Q: Can I renew my membership after one year?

A: Renewal instructions will come from EōS Fitness directly.

Q: What if I can't meet the minimum gym visits?

A: Membership status will be reviewed at year-end if minimum visits are not met. Medical or extreme circumstances are considered.



APPLICATION CHECKLIST

BEFORE APPLYING, HAVE THESE READY:

- ☒ Medical verification documentation
- ☒ Personal statement about your interest in fitness or sport (optional but recommended)

CONTACT

For questions or support:

Email: grants@challengedathletes.org

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