



RUNNING & MOBILITY CLINIC



Presented by the
Challenged Athletes
Foundation®

Do you want to learn:

- Techniques to unlock your prosthetic capabilities?
- Leg-over-leg running mechanics?
- Methods to improve speed and balance?
- Methods of movement in multiple directions for a variety of recreational activities?
- Training routines and sport-specific exercises?

If you answered YES to any of the above questions, join world-renowned experts during our **NO COST** event. All ages and abilities welcome!

Attending Experts:

- Bob Gailey, PhD, PT
- Peter Harsch, CP
- Össur Clinical Specialists

Meet:

- Team Össur
- Össur Ambassadors
- Team CAF

When: December 10, 2016

9:00am - 12:00pm – Clinic

12:00pm - 12:30pm – Free Lunch & Össur Showcase

Where: Riverview Multi-Use Sports Complex (Field 2)

2100 W. Rio Salado Pkwy.
Mesa, AZ 85210

Registration

Attendees: support.challengedathletes.org/azrun

Volunteers: support.challengedathletes.org/azrunvol

Information

Contact Travis Ricks

travis@challengedathletes.org or 858-210-3524

Join the conversation!



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#LifewithoutLimitations
#MyWinningMoment
#TeamCAF