



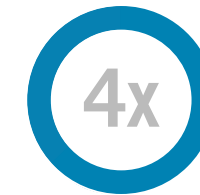
## THE CASE TO INCREASE ACCESS TO HIGH SCHOOL SPORTS

### OVERVIEW

Through sports, we develop both physical and interpersonal skills that are essential to success throughout life's journey. But studies show that youth with physical disabilities are significantly more likely to become less active in their teen years.

Through a combined strategy of coaching and equipment support, educational and awareness content, and connecting the network of stakeholders in the community, we will increase participation by athletes with physical disabilities on their high school teams, enhancing the life of the student athlete, the school, and the community.

### WHY IT MATTERS

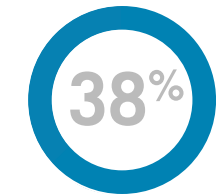


Youth with a disability are 4X less active than their peers without<sup>3</sup>



An estimated  
**606,000**

Youth under 18 are living with a permanent physical challenge in the U.S.<sup>4</sup>



Children and youth with a disability are 38% more likely to be obese<sup>3</sup>

### OUR PLAN OF ACTION

- ▶ Allocate adaptive equipment that can be loaned to student athletes
- ▶ Identify coaches and develop their ability to work with challenged athletes
- ▶ Develop educational content and resources to share with school administrators, counselors, Adaptive PE teachers, health officers and students
- ▶ Conduct pre-season Track & Field clinics designed to educate coaches, athletes and parents
- ▶ Allocate funds for individual grants for equipment and travel
- ▶ Identify partner organizations, especially adaptive sports clubs to increase awareness and resources
- ▶ Develop and launch the program in California with an intent to expand to other states in the future

### THE COST

\$1,500,000 over three years