



25
YEARS

WORKOUT WITH CAF AMBASSADOR **SCOUT BASSETT** AND NIKE MASTER TRAINER **BETINA GOZO**



Scout Bassett

CAF Ambassador, Nike Athlete
2016 Rio Paralympian
5 X World Championship Medalist
400m World record holder
100m and 200m American record holder

Betina Gozo

Nike Master Trainer
Creator of Women's Health Magazine's
Woman's Guide to Strength Training
Women's Health Magazine's 2017 "Next Fitness Star"
Follow her on Instagram @betinagozo

INCLUSIVE WORKOUT - ATHLETES OF ALL AGES AND ABILITIES ENCOURAGED TO JOIN

Sunday, April 28, 4pm - 6pm
San Francisco, CA, Paul Goode Field - Presidio

4pm - Check In, Opening Remarks
4:30pm - Workout led by Betina and Scout
5:30pm - Social Time/Closing Comments

- ▶ Challenged Athletes and CAF supporters will enjoy a shared fitness experience
- ▶ Adaptive CrossFit® coach Max Conserva will assist athletes of all abilities
- ▶ Family friendly event — bring your kids

Event Partners:



hint

SKLZ

REGISTER TODAY

<http://support.challengedathletes.org/workout>

For more information, contact Susan Butler at Susan@challengedathletes.org