

AUGUST 2020



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	2	3	4 Challenged Athletes Cycling - Zoom 8am PST	5	6 Challenged Athletes Live with Roderick Sewell 	7 Weekly Newsletter	8 ▶ Mileage Tracking Starts Virtual Cycling Club Ride - 8:05am PST Zwift	
WEEK 1	9	10 Tune in to Challenged Athletes Live on 	11 Challenged Athletes Cycling - Zoom 8am PST	12	13 Tune in to Challenged Athletes Live on 	14 Weekly Newsletter	15 Virtual Cycling Club Ride - 8:05 am PST Zwift	
WEEK 2	16	17 Tune in to Challenged Athletes Live on 	18 Challenged Athletes Cycling - Zoom 8am PST	19	20 Tune in to Challenged Athletes Live on 	21 Weekly Newsletter	22 Virtual Training Run, Walk or Roll - Charge Running 8am PST	
WEEK 3	23	24 Challenged Athletes Live with Alana Nichols TOYOTA 1 year out to Paralympics	25 Challenged Athletes Cycling - Zoom 8am PST	26	27 Tune in to Challenged Athletes Live on 	28 Weekly Newsletter	29 Virtual Cycling Club Ride - 8:05 am PST Zwift	
WEEK 4	30	31 Tune in to Challenged Athletes Live on 						

MILLIONS OF MILES, DOLLARS & Dreams