

A guide for schools interested in hosting fundraiser to benefit the Challenged Athletes Foundation

Thank you for your interest in supporting the Challenged Athletes Foundation. Organizing a fundraiser is a fun and meaningful way for your school to make an impact on the lives of challenged athletes and contribute to a great cause. With your help CAF is able to provide opportunities and support to people with physical disabilities so they can pursue active lifestyles through physical fitness and competitive athletics.

► A GOOD PLACE TO START

Establishing a specific fundraising goal is the first step in starting to plan a successful fundraiser. Your fundraising goal is important because it allows you and your classmates to know exactly what you are trying to achieve. Establishing a goal will also help you determine the type of fundraiser you would like to organize. A complete A to Z list of fundraising ideas can be found on the following pages.



THANK YOU

Challenged Athletes Foundation is grateful for the opportunity to work with students and schools who feel passionately about CAF. With your help we are able to provide opportunities and support to change the lives of challenged athletes.

START YOUR FUNDRAISER NOW

► An A to Z List of Fundraising Ideas to Benefit CAF

A	Aerobics marathon – find some fun music, pick a location and get the whole school involved. Students can participate by collecting pledges for every hour/minute they are able to participate.
B	Bingo night – charge an entrance fee or for each bingo card played. Have a raffle for some awesome prizes to encourage a large attendance. Baseball or Basketball Tournament- Charge an entry fee per person or per team. Award the winning team with prizes or trophies. Sell refreshments, have a raffle or make t-shirts for the event to increase funds raised.
C	Costume Contest- Have students come to school in their best costume. Announce the winning categories for best costume and the prizes ahead of time to encourage participation. Charge each student a fee for participating. Cycle-a-thon- Get sponsored for every mile you cycle. Cake Sale- Have classmates participate by baking and selling some tasty treats.
D	Dance party with a purpose- Students purchase tickets and are able to dance the night away! Get creative and give the party a theme. Decorate your own cupcake- Have all the decorating supplies ready and charge students to decorate their own cupcake
E	Eighties party- Host an eighties party complete with costumes, music and décor. Charge for tickets and entertainment/games at the party.
F	Family BBQ- Try to recruit a local restaurant to donate, and host a BBQ for students and their family members with games and activities. Flag Football tournament- Charge teams/individuals to participate. You could even sell tickets for students and family members to watch the tournament.
G	Game night –offer a special night of classic games. Charge an entry fee, and sell some snacks to help raise money. If there are enough participants you could even turn it into a tournament style event with teams. Gift wrapping- If you would like to hold a fundraiser around the holidays, this may be the perfect event for you. Have students, friends and family bring in their presents to be wrapped for a fee. Greeting Cards- recruit a group of students at your school to volunteer and make some beautiful homemade greeting cards for any holiday (ex: Christmas, valentine's day, get well soon, birthday cards) to be sold to family and friends.
H	Homerun derby- Charge participants to enter and charge admission for others to watch. Homecoming games/Half time events- Sell tickets to homecoming and have the proceeds benefit CAF. Another idea would be to have a drawing during the half time of a big game that encourages fans to donate.
I	Ice cream social- Charge guests a fee to attend and offer them unlimited bowls of ice cream. Combine this idea with another fundraising suggestion such as game night, family BBQ or a movie night and double the donations!
J	Jeans day- Organize a day where classmates can pay a fee and wear jeans to school. Create stickers for those who participate to help spread the message. Jog-a-thon- Get sponsored for every mile you complete.
K	Kickball tournament - Charge an entry fee per person or per team. Award the winning team with prizes or trophies. Sell refreshments, have a raffle or make t-shirts for the event to increase sales. Karaoke night- Host a Karaoke night at your school. Charge for admission and sell refreshments to benefit CAF.
L	Line Dancing- Hold a line dancing party. Charge for tickets and refreshments during the dance. Get in the spirit with costumes and decorations.



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M	Movie night- for a donation, guests can come and enjoy a movie with snacks and drinks. Use a projector and show the movie in your school gym, theater or even outside and make it a picnic movie night! Mini Marathon events- Hold a mini marathon for table tennis, badminton, dancing, skipping, running or whatever you can think of! Have friends and family sponsor you.
N	No school uniform day – With permission, organize a day where students can dress down for a specified donation amount. Create stickers for participants to wear for the day to help generate awareness.
O	October Activities- consider a costume party, pumpkin carving, or Halloween themed bake sales. Obstacle Course- set up an obstacle course and charge students to race.
P	Power of 10- create pledge sheets and get the whole school to ask 10 friends to donate \$10 each. Each student could raise \$100 for CAF. Pajama day- organize a day where students can make a donation to come to school in their favorite Pajama's. Pancake Breakfast – Organize a pancake breakfast for students and their family members. Charge and admission and don't forget to leave tip jars out for the cooks!
Q	Quiz night- charge a fee per team to play. You can ask questions about sports, pop culture, music, history, geography etc. Offer an exciting prize to the winning team. Collecting donations for raffle tickets and auction items will earn additional donations.
R	Recipe Book- collect your classmate's favorite recipes and organize them all together to make a recipe book to be sold. Run- Organize a 5k for your school. Have students fundraise to participate. Make sure to set a minimum fundraising goal for each student to maximize fundraising efforts.
S	Skip-a-thon- Students can participate by collect pledges for every minute they are able to participate! Sports tournaments- host a benefit tournament for softball, kickball, dodgeball, soccer, football, etc. Charge each team / individual a fee to participate. Superhero day- Have each student bring a \$5 donation and in return they get to be their favorite superhero for the day.
T	Teachers versus Students Tournaments- Host a soccer, basketball, baseball tournament and have teachers compete against students. Charge an entry fee and tickets to watch. Talent Show- Host a talent show for your school. Charge admission for students and families to come watch.
U	Used book sale- Collected unwanted books from family/friends/neighbors and hold a book sale at your school.
V	Volleyball Tournament- Get teams to pay to enter. Try to get a local business to donate prizes for the winning team.
W	Walk-a-thon- choose a date, a route, and create pledge forms. Students will recruit sponsors/donations for each mile they walk. Sponsors can also choose to make one donation versus per mile donation.
X	Xmas Bazaar – bake sale and home made crafts
Y	Yoga Marathon – Get sponsored to do yoga for the day!
Z	Zumba-thon – find an instructor willing to donate his or her time, and charge a fee to participate and learn some new moves!



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