



# SCHEDULE OF EVENTS\*

## FRIDAY, OCTOBER 20, 2023

### Happenings | Clinics and Million Dollar Challenge presented by Sully Ride In

- 9:00 am - 11:00 am..... Clinic – Open Water Swim at Bonita Cove Beach
- 9:00 am - 12:00 pm..... Clinic – Adaptive Surf fueled by your San Diego County Toyota Dealers at Mission Beach Park
- 1:00 pm - 4:00 pm ..... Million Dollar Challenge presented by Sully Ride In at La Jolla Shores

## SATURDAY, OCTOBER 21, 2023

### Happenings | Clinics and Packet Pick up

- 9:00 am - 12:00 pm ..... Clinic – Össur & CAF Running and Mobility at Bonita Cove Park
- 9:00 am - 12:00 pm..... Clinic – Adaptive Surf fueled by your San Diego County Toyota Dealers at Mission Beach Park
- 9:00 am - 12:00 pm ..... Clinic – Adaptive Cycling at West Mission Bay High School
- 11:00 am - 3:00 pm ..... Registration and Packet Pickup at Bahia Resort
- 1:00 pm - 4:00 pm ..... Clinic – Wheelchair Tennis at Bahia Resort Tennis Courts
- 1:00 pm - 4:00 pm ..... Clinic – Pool Swim at T. Claude and Gladys B. Ryan Family YMCA

## SUNDAY, OCTOBER 22, 2023

### Happenings | San Diego Triathlon Challenge (STDC) presented by Dan + Geof, Tour de Cove presented by EōS Fitness, 5K Walk, Run & Roll presented by Nike and Toyota Sports Festival

- 6:00 am - 2:00 pm ..... Hospitality Tent Open
- 6:00 am - 2:00 pm ..... Toyota Athlete Lounge Open
- 6:00 am - 8:00 am..... Athlete Breakfast at the Toyota Athlete Lounge
- 6:00 am - 6:45 am..... Athlete Check-in, Transition Open, and Body Marking
- 7:00 am - 7:40 am..... Opening Ceremony and Parade of Athletes
- 7:40 am ..... National Anthem performed by Samuel Nehemiah
- 8:00 am ..... SDTC presented by Dan + Geof **SWIM START**
- 8:30 am - 2:00 pm ..... Toyota Sports Festival, CAF Village, CAF Store, Silent Auction, Family Fun Zone, and Expo Tents Open
- 8:30 am ..... SDTC presented by Dan + Geof **BIKE START** (Relay Cyclists, Handcyclists, and MDC Cyclists)
- 8:45 am ..... SDTC presented by Dan + Geof **RUN START** (Racing Chairs and 10-mile Relay)
- 9:00 am - 1:30 pm ..... Tour de Cove presented by EōS Fitness
- 10:00 am - 10:15 am ..... Kids Pre-Run + Roll Stretch at the Main Stage
- 10:30 am ..... Jami Marseilles Challenged Athlete Kids Run + Roll presented by Philadelphia Insurance Companies
- 11:30 am ..... 5K Fitness Walk, Run + Roll presented by Nike **START**
- 2:00 pm ..... Closing Ceremony
- 4:00 pm ..... Course Officially Closes

\* Schedule subject to change.